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El Poder del Mindset



3 Lecciones

1. Simbolo Chino de Crisis

2. Magia fuera de zona comfort

3. $V = (h + c) * a$

El Poder de los

Habitos



3 Lecciones

1. Cosas pasan poco a poco....
 2. Hay que cuidarse para cuidar
 3. No hay logros sin sacrificio
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El Poder del

EQ



3 Lecciones

1. Start with Why!

2. Be Kind + Courage Vulnerable

3. Pelicula Intensamente! (Stress, Ansiedad, Síndrome Impostor!)

**“El cambio es la
única constante”**

The background of the image is a stylized world map divided into four quadrants by a vertical and a horizontal line. The top-left quadrant is red, the top-right is blue, the bottom-left is yellow, and the bottom-right is green. The word "Kahoot!" is written in a large, white, bold, sans-serif font across the center of the image, spanning across all four quadrants.

Kahoot!