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El Poder del

**Mindset**



# 3 Lecciones

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1. Simbolo Chino de Crisis

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2. Magia fuera de zona comfort

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3.  $V = (h + c) * a$

El Poder de los

**Habitos**



# 3 Lecciones

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1. Cosas pasan poco a poco....
  2. Hay que cuidarse para cuidar
  3. No hay logros sin sacrificio
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El Poder del

EQ



# 3 Lecciones

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1. Start with Why!

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2. Be Kind + Courage Vulnerable

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3. Pelicula Intensamente! (Stress, Ansiedad, Síndrome Impostor!)

**“El cambio es la  
única constante”**

The image features the Kahoot! logo in a large, white, rounded font. The logo is centered horizontally and spans across a background divided into four quadrants by a vertical and a horizontal line. The top-left quadrant is red, the top-right is blue, the bottom-left is yellow, and the bottom-right is green. Faint, semi-transparent outlines of the world's continents are visible in each quadrant, matching the color of their respective background. The text 'Kahoot!' is positioned such that it overlaps the boundaries between the quadrants.

**Kahoot!**